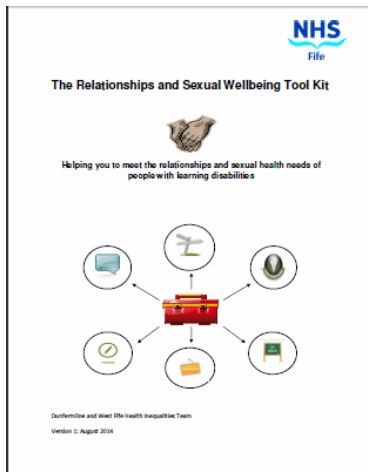


Learning Disability Relationships & Sexual Wellbeing Toolkit



The Relationships & Sexual Wellbeing Tool Kit has been developed by a multi-agency steering group, led by NHS Fife, to provide practical support for all health and social care staff with a role that involves supporting adults with learning disabilities (including services from statutory, private or voluntary sectors).

The initiative follows the launch of the multi-agency “**Making Choices, Keeping Safe**” best practice guidance, which was devised, following consultation with stakeholders, to assist staff who support adults with a learning disability.

The Tool Kit includes a collection of relevant resources to aid the delivery of education, information and support on relationships and sexual health matters. The Tool Kit can also signpost staff onto further support if required, such as training and other service provision. The aim of the Tool Kit is to enable staff to tailor information, education and support to people with learning disabilities in order to promote positive decision making and ensure individuals can exercise their rights and responsibilities in regards to personal relationships and sexual wellbeing. The overall aim is to improve sexual health experiences and provide positive outcomes for adults with a learning disability within Fife.



From 1st October 2014, 'The Tool Kit' will be available on loan from The Information and Resource Centre (IRC), Haig House, Cameron Hospital and contains three separate boxes of relevant, up to date resources focusing on Sexual Health & Wellbeing, Contraception, Family Planning, Health Screening, Relationships and Education / Guidance teaching packs.

For general enquiries about the toolkit, please contact Louise Howie, Acting Health Promotion Officer / Community LD Charge Nurse on 01382 565334 or email: louise.howie@nhs.net.

For further information on how to access the toolkit, please contact The Information and Resource Centre (IRC) on 01595 226494